









Inuvialuit Living History http://www.inuvialuitlivinghistory.ca/









Instruction

Please read all instructions before you begin

These kamiks are made with lapped seams to reduce bulk. Overlap edges ¾ inch, then stich down the centre of the overlap.

To adjust this pattern to fit you – measure the length of your foot. Compare that measurement to the length of Insole piece C.

Difference is "x"

Cut pieces C and E on adjustment line. Tape these to a larger piece of paper, adding "x" between the halves of each pattern piece.

On Facing piece D, extend at adjustment mark by "x". On back leg piece A, add extra width by moving the centre fold line away from the fold of fabric, about ½ of "x".

Cutting Instructions

A leg back - cut 2 on fold

B leg front – cut 2 on fold

C foot insole - cut 2 of heavy felt

D facing – cut 2 on fold

E foot – cut 2

Transfer all markings with chalk or pencil

Construction

- 1. On foot piece E, hand baste between marking ¼ inch from the edge. Use stiches ¼ inch long. Do not cut the threads at the end of your stiching these will be used to gather the edges.
- 2. Stitch leg back A to leg fron B. Overlap edges ¾ inch, then stitch down the centre of the overlap.
- 3. On facing piece D, stitch ends together in a ¼ inch seam.
- 4. On foot piece E, make pleats at toe and heel as marked, and hold in place with pins or tape. Gather basting stitches and pin foot E to facing D, overlapping facing over foot. Match markeings at toe and heel. Spead gathers evenly between markings. Stitch down centre of overlap.

Before proceeding, decorate the facing and leg seams with embroidery or tassels.